

The logo features the text "2-1-1" in a large, white, sans-serif font centered within a blue speech bubble. The speech bubble has a tail pointing to the right, which is colored with a gradient from yellow to red. A light blue shadow is cast beneath the speech bubble.

2-1-1

Virginia

When you dial 2-1-1, you will be connected to a trained professional who can provide referrals to health and human services including:

- **Basic human needs**

Food banks, shelters, rent or utility assistance

- **Physical and mental health resources**

Support groups, counseling, crisis intervention

- **Work initiatives**

Job training, English as a second language classes, GED preparation, financial and transportation assistance

- **Support for seniors and those with disabilities**

Adult day care, meals at home, respite care, home health care, independent living skills

- **Support for children, youth and families**

After-school programs, tutoring, mentorship programs, counseling, child care centers

- **Volunteering in your community**

Mentorship opportunities, locations to donate food, clothing, furniture, computers or other items

**HELP AVAILABLE 24/7 365 DAYS/YEAR.**

*Dial: 2-1-1*

*Chat online: [211virginia.org](http://211virginia.org)*

*Text: CONNECT to 211-247*

*Out of State/Relay for the Deaf: (800) 230-6977*

*[211info@councilofcommunityservices.org](mailto:211info@councilofcommunityservices.org)*

